

News Release

Southeast Missouri Food Bank Contact:

Heather Collier, 573-475-7573
hcollier@semofoodbank.org

Missouri Delta Medical Center Contact:
Sharon Urhahn, 573-472-7329
surhahn@missouridelta.com

Missouri Delta Partners with SEMO Food Bank to Open Patient Pantry

SIKESTON, MO (Jan. 23, 2023) – Missouri Delta Medical Center has partnered with Southeast Missouri Food Bank to offer an on-site food pantry for patients.

"Missouri Delta Medical Center is excited to work with Southeast Missouri Food Bank," said Amy Thompson, RN, Population Health Manager at Missouri Delta Medical Center. "Proper nutrition is vital to overall health, and we felt this was a great opportunity to positively impact our patients' quality of life."

Under the program, Missouri Delta patients will be screened to determine food insecurity issues. Those who are identified will receive a box of healthy foods, including items like canned vegetables and peanut butter, to take home with them upon discharge. More importantly, individuals will be connected to other food assistance services the food bank provides, such as access to food pantries, enrollment for a monthly senior food box or help applying for Supplemental Nutrition Assistance Program (SNAP) benefits.

"We know that access to healthier foods is a barrier faced by many of our neighbors facing hunger. We also know that eating nutritious foods can improve overall health," said Joey Keys, Chief Executive Officer of SEMO Food Bank. "We're excited to partner with Missouri Delta Medical Center to provide its patients with healthy foods and get them connected to other services. We hope to establish similar partnerships in the future."

"Food Assistance and Hunger in the Heartland 2021: State Report for Missouri," an indepth report by MU's Interdisciplinary Center for Food Security, highlighted the connection between food and health, with 64 percent of households who participated in the study purchasing the least expensive food, even if it wasn't the healthiest option. Additionally, 72 percent of households served by SEMO Food Bank have a member with high blood pressure, 59 percent have a member with high cholesterol and 50 percent have a member with diabetes or pre-diabetes.

About Missouri Delta Medical Center

Missouri Delta Medical Center has been providing comprehensive medical care to the people of Southeast Missouri since 1948. Our medical providers specialize in a wide range of services, and our staff focuses on offering personalized, compassionate care. The main hospital is located in Sikeston on North Main Street and within our Physician Services network we have 24 primary care and specialty clinics throughout southeast Missouri, including Sikeston, Portageville, Kennett, New Madrid, Charleston, Dexter, Benton and Chaffee. Missouri Delta and its entities are accredited by The Joint Commission. For more information, visit www.missouridelta.com.

About Southeast Missouri Food Bank

The mission of Southeast Missouri Food Bank is to end hunger and leverage the power of food to build healthy communities. The food bank provides food to 140 charitable and disaster relief programs in Southeast Missouri. These member agencies include food pantries, soup kitchens, domestic violence and homeless shelters. Southeast Missouri Food Bank also holds regular mobile food distributions and provides monthly boxes of food to 5,600 senior citizens and weekend backpacks of food during the school year to nearly 1,200 students in 30 school districts. The food bank's 16-county coverage area includes Bollinger, Butler, Cape Girardeau, Carter, Dunklin, Madison, Mississippi, New Madrid, Pemiscot, Perry, Reynolds, Ripley, Scott, Ste. Genevieve, Stoddard and Wayne counties. Those interested in helping can do so by making a tax-deductible contribution, donating food, or scheduling a time to volunteer. Visit semofoodbank.org for more information.