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southeast missouri
FOOD BANK
help more. reach more. feed more.

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Our Mission

To end hunger and leverage the power of food to build healthy communities

Our Vision

Healthier, hunger-free communities

Our Values

Integrity, Collaboration, Stewardship and Respect



Food Bank Embraces Growth, Overcomes Challenges



What a year 2022 was.

It was full of growth, but also brought challenges to the food bank.



The growth was expected: At the beginning of 2022 we announced our expansion with a second location in Cape Girardeau County.

The building was finally ready for staff in December, before opening earlier this year. It has been exciting to see the building transform into a space that will better allow us to serve our neighbors facing hunger. There is a warehouse area, providing much-needed additional storage, and a large volunteer center where our Backpacks for Friday kits will be packed for the 1,200 children the program serves every week during the school year.

Our staff also grew over the last year, as we added programs to better meet the needs of the individuals we serve. (You can read more about those programs on page 5.)

There was another area of growth: **Over the course of the year, more people turned to us for food assistance, some for the first time. By the end of 2022, we were serving an average of 80,000 individuals each month.** And at pantries and

distributions across southeast Missouri, their stories were very much the same: Rising prices had made it harder for them to make ends meet and put food on the table. Senior citizens on fixed incomes and families who had been living paycheck to paycheck found they could no longer afford the same groceries they could a year ago.

Inflation was also our biggest challenge: It meant the food bank paid more for the food we purchased. At the same time, we received 1 million pounds less through the USDA's TEFAP program, which provides food for low-income families. TEFAP is a critical tool in the fight against hunger, and the food bank is hopeful that Congress will bolster the program in the 2023 Farm Bill.

While I don't know what challenges 2023 will bring, I do know SEMO Food Bank is ready to meet them.

We're focused on building capacity for ourselves and our network of agencies, forging new partnerships and continuing the fight against hunger in southeast Missouri.

Joseph Keys
 CEO of Southeast Missouri Food Bank



"I couldn't make it without the food bank. This is the only place I can get chicken and potatoes, stuff like that. I can't do without it. I only get a small amount of income a month and by the time I pay all of my bills, I don't have any money left."

– Ann

2022 by the Numbers



One in six of our neighbors goes hungry. Hunger rates vary across our 16-county service area, with food insecurity as high as 29.5 percent for childhood hunger in the Bootheel.



2,368 volunteers joined us at the food bank last year, contributing 6,179 hours packing and sorting food and helping with office projects.

12,797,729 meals were distributed through our network of 140 food pantries, soup kitchens, shelters, mobile food distributions and other programs.



321 mobile food pantries were held last year, each with enough groceries to feed 200 families.



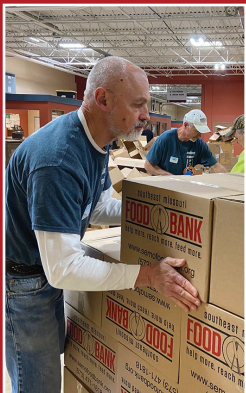
1,270 students in 30 school districts are receiving backpacks of food for the weekend through our Backpacks for Friday program. Each pack includes kid-friendly, no-prep foods in pop-top containers.

72 percent of food distributed fell into Feeding America's Foods to Encourage category, which include healthy items such as fruits, vegetables, protein and dairy.



2,019,112 pounds of fresh produce were made available to our neighbors in need because of the generous support of southeast Missouri farmers and gardeners. (See page 6 for a list.)

1,579,160 pounds of food were distributed through TEFAP (The Emergency Food Assistance Program), a USDA program that serves low-income families.

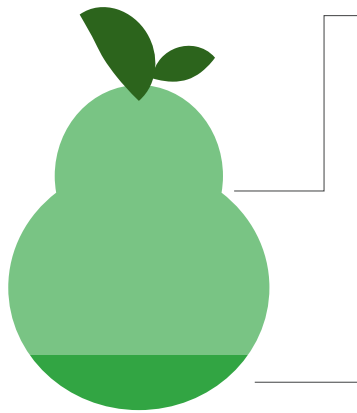


5,350 CSFP senior boxes were distributed each month. One in eight seniors in southeast Missouri is food insecure. Commodity Supplemental Food Program boxes, packed by volunteers, provide about 35 pounds of nutritious, shelf-stable USDA food to recipients every month.

1,633 SNAP applications were completed to link people to an important resource to obtain food on a regular basis. Every \$1 of benefits provided in the Supplemental Nutrition Assistance Program (food stamps) generates \$1.70 in economic impact.

More than 2,500 donors contributed to the food bank last year, 496 for the first time, and for that we are incredibly grateful. More than 96 percent of donations the food bank receives are put back into our programs to end hunger in southeast Missouri.

Revenue



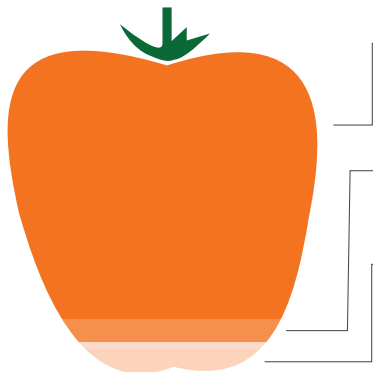
Food & In-Kind Contributions
\$18,314,614.90

Cash & Cash Equivalents
\$4,601,815.08

Income*

Total Income	\$22,916,429.98
Food/In-Kind	80%
Cash	20%

Expenses



Programs & Services
96.3%

Fundraising
1.45%

Administrative/Management
2.25%

Expenses*

Total Expenses	\$21,110,272.43
Program Services	96.3%
Fundraising	1.45%
Administrative/Management & General	2.25%

**According to Southeast Missouri Food Bank's unaudited financial statement for the calendar year ended Dec. 31, 2022.*

Food Bank Opens Second Location

After a yearlong renovation, Southeast Missouri Food Bank opened its second location late in 2022. Staff began moving into the new space in December, before opening earlier this year.

It was worth the wait.

"We're excited about the expansion and to finally have the building open," said Joey Keys, chief executive officer of SEMO Food Bank. "It is going to allow us to better serve southeast Missouri and our neighbors facing hunger. At the end of last year, we were able to expand some of our programs and resources that will be based out of the Jackson location."

The food bank's Backpacks for Friday kits will be packed by volunteers in Jackson. The program was revamped slightly during summer 2022, with food being packed at the food bank before being distributed to participating schools.

"Having a second volunteer center really opens up what we're able to do," Keys said. "Being able to pack BFF on site gives us more control over the quality of the food we're providing to children."

The warehouse in Jackson will also offer additional storage for disaster-relief items such as bottled water. The food bank is the designated source of food and water in case of a disaster in southeast Missouri, and needs to maintain an ample supply of both and be ready to coordinate a distribution within a moment's notice.

The food bank will continue to be headquartered at its Sikeston location along Interstate 55.



Expanding Programs Increase Access to Healthy Foods

Southeast Missouri Food Bank's mission is to end hunger and leverage the power of food to build healthy communities. And while providing regular access to food for families, children, seniors and veterans facing hunger is an important part of that mission, we're also looking for long-term solutions to food insecurity in southeast Missouri.

One of the areas the food bank and its partners is focusing on is increasing access to nutritious food.

"We know access to healthy food is important to overall health," said Joey Keys, chief executive officer of SEMO Food Bank. "We also know that healthier foods like fresh produce and protein often cost the most. The food bank strives to make healthier foods more accessible to the people we serve."

The food bank received a grant late in 2022 to start a USDA prescription produce box program in partnership with SoutheastHEALTH and the John J. Pershing VA Medical Center in Poplar Bluff. When it starts later this year, the program will provide a monthly produce box to participants who are identified and enrolled by one of our healthcare partners.

It will be similar to the food bank's existing Veterans Healthy Food Surplus Program, which provides veterans with nutritious food each month. That program has seen great success, with 88 percent of participants reporting improved health in a 2021 survey.

Southeast Missouri Food Bank was also among 25 food banks nationwide to receive Feeding America's Food Security Equity Impact Fund to address the root causes of hunger and food insecurity in Pemiscot County, which has some of the highest rates of hunger in the state.



In partnership with Faith Temple Complex in Hayti, the food bank will work to advance and develop solutions to improve food insecurity in the community. Funding will support the development of a community garden and the construction of a pavilion for a local farmers market. Both projects aim to improve the community's access to healthy food.

"This can make a long-term, lasting impact in Pemiscot County, giving its residents sustainable access to healthy food," Keys said. "We hope that working with our partners in the community, we can address some of the barriers faced by residents in Pemiscot County."

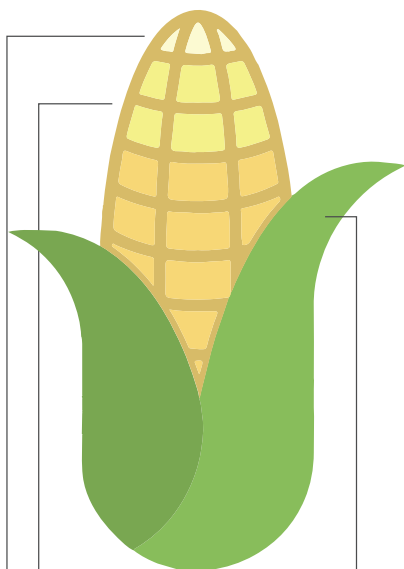


"I'm a college student just trying to pay for my tuition and make ends meet, but it does get hard sometimes. Especially when life happens and I need expenses for other emergencies. (The food) is more helpful than people think."

– Kevin

Food Sources

Total: 13,716,893 lbs.



Federal Assistance Programs

3,513,874 lbs.

Donated Products

8,767,075 lbs.

Purchased Products

1,435,944 lbs.

Top 10 Foods Distributed (in pounds)



Meats/Fish/Poultry
1,898,485



**Fruits
(canned/frozen)**
294,694



Dairy
806,966

Bread & Bakery
527,420



Produce
2,019,112



**Mixed &
Assorted Food**
3,231,763

**Vegetables
(canned/frozen)**
1,182,863

Beverages
790,964

Pet Food/Care
472,953

Juices
250,557

Top 10 Local Retail/ Manufacturing Donors

Refresco
Sam's Club
Walmart
Procter & Gamble
Aldi
Tyson Foods
Ruler Foods
Dollar General
Kroger
Target

Thank You to Our Farm to Food Bank Donors

Beggs Melon Company Inc.
Bibbs Produce
Southeastern Agri Services
Missouri Melons
Black Gold Farms
David Renaud
Heritage Rice Company
Blake Wade/BW&E Melons Company
Southeast Missouri Correctional Center
Conservation Federation Missouri
Asa Kinnaman
David Diebold

Thank You to Our Donors!

Gifts of \$25,000+

Anthem, Inc.
Buzzi Unicem USA
Community Foundation
of the Ozarks
Disabled American Veterans
Charitable Service Trust
Feeding America
Greenway Equipment
Gus Schumacher Nutrition
Incentive Grant Program
(GusNIP)
J.R. Albert Foundation, Inc.
Mary Kay McAllister
Matthew & Marissa Mills
Midwest Sterilization
Corporation
Missouri Foundation
for Health
Nutrien
Randol & Charlotte York
Renaissance Charitable
Foundation, Inc.
Robert & Anna Drury Family
Foundation Trust
Save the Children
The Harold W. Siebens
Charitable Foundation, Inc.
Tyson Foods

Gifts of \$10,000-\$24,999

Dr. Linza & Julie Killion
James & Teresa Maurer
Joe Tidwell
Lutesville Ford
MLW Holdings, LLC
Organic Remedies
Ray C. McKinley Family
Foundation Agency
Sikeston Jaycee
Bootheel Rodeo
TJX Companies, Inc.
Tom & Laveta Williams
Walmart Foundation

Gifts of \$5,000-\$9,999

Adam & Tamara Morgan
Andrew & Amy Trueblood

Andrew Bullinger
Andy & Tina Piepenbrok
Bayer (Monsanto) Fund
Enterprise Holdings
Feeding Missouri
Inspire Foundation
Kelly M. Westbrook Trust
Mary Dyer
Maryann Darden
Montgomery Bank
Naomi Wahl
Pemiscot County Initiative
Network
Peter & Toni Martin
Robinson Construction
Charitable Fund
Sedgewickville Baptist
Church
The David Lichtenstein
Foundation
Willard Reese

Gifts of \$2,500-\$4,999

Alan Wire Company
Alubar Metals Missouri
American Eagle Outfitters
Barbara C. Glackin
Bonnie J. Akridge
Broseley Senior Citizens, Inc.
Casey's General Stores
Craftsmen Trailer
Daniel & Julie Benard
Dexter BPO Elks Lodge 2439
Dolphin Land Company
Donna Morgan
First Christian Church
Doniphan
First Liberty Missionary
Baptist Church
Ford & Liley Countertops
Frederick & Connie Biondini
Frederick & Susan Janzow
General Mills, Inc.
Ika Sitorus
J.M. Smucker Co.
James L. Byrd III Estate
Jim & Stephanie Gleason
John & Ann Hux

John Richbourg
Joshua E. & Julianna M. Ford
Kellogg Company
Kyle & Calli Thoma
La Croix United Methodist
Church
Lavina B. Owen
Linda Bohnsack
Lonestar Truck Group
Lori Moyers
Luke Small
Marilyn Weaver
Mark E. Rhodes
Mary Abts
Orgill
Patricia P. Abell
Rauch Memorial United
Methodist Church
Richard H. & Christine
Montgomery
Steve Gehl
Stonebright Foundation
Susan Pfoertner
The GoodCoin Foundation
Toyota Coad Park West, Inc.
Vernon Cross
William & Dr. Georganne Syler

Gifts of \$1,500-\$2,499

Altrusa Club of Sikeston
Ameren Missouri
Ann E. Behrend-Uhls
Ann Ritter
ANW Refrigeration
Services, Inc.
Bayer Monsanto Company
Bill & Susan Van Buren
Capital Sand Proppants LLC
Christopher Micheal Siebert
Clay Franklin
Crader Distributing Co. /
Blue Mountain Equipment
Dan Dickerson
Darrell & Connie Ulrich
Donald & Jane Rosenbarger, Jr.
Donald Stinson
Ed & Jackie Cowan
Edna Worley

Ernestine Kidd
Facebook
Floyd Family Foundation
Focus Bank in Sikeston
Gary Williams
Haroldene Fitzgerald
Holden Pallet Co., Inc.
Infinity Recycling
Solutions, LLC
J. D. Street & Company, Inc.
James & Linda Cravens
Janice Rainwater
Jeffery & Angela Oberndorfer
Kraft Heinz Company
Larry & Carol Simon
Laverne Schaefer
Linda Burns
Linda Sebaugh
Lorraine Stallings
M. D. & Dorothy Limbaugh
M. Kay Sides
Marilyn Caul
Marni & Morris Propp II
Family Foundation
Martin Grain Company, Inc.
Michael and Lisa Jokerst
Michael Kirn
Neil & Dina Casey
Orthodox Anglican Church
Oscar & Donna Sapp
Rick & Marcia Schaefer
Robert & Beverly Reeves
Robert & Esther Hartmann
Scott & Lisa Coleman
Sheila & William Boyer
Shelby Spray
Terry & Debra Ford
The Alcorn Family
Unilever United States
Foundation, Inc.
United Way of
South Hampton Roads
William & Carol Fetterhoff



“The food pantries help a lot especially supplying everyone with fruits and vegetables. I don’t buy a lot of fruit because they are so high at the store. And when they give out eggs here, I’m very happy because we don’t get eggs too often because of the prices.”

– Barbara

Food Insecurity & Pounds of Food Distributed by County

Area	Pounds of Food Distributed, 2022	Food Insecure Population, 2022
SEMO Food Bank Service Area	13,601,794	16.8%
Bollinger County	330,663	15.5%
Butler County	1,790,196	19.9%
Cape Girardeau County	1,740,987	13.1%
Carter County	289,145	15.6%
Dunklin County	886,811	20.1%
Madison County	472,089	16.1%
Mississippi County	912,718	18.7%
New Madrid County	657,079	18.3%
Pemiscot County	729,138	20.9%
Perry County	316,242	10.8%
Reynolds County	649,718	17.7%
Ripley County	575,819	21.7%
Scott County	1,495,712	16.5%
Ste. Genevieve County	322,224	11.9%
Stoddard County	1,283,553	18.1%
Wayne County	503,695	21.1%

Food Bank Receives BBB Torch Award

In 2022, Southeast Missouri Food Bank received the Better Business Bureau TORCH Award for Eastern & Southwest Missouri & Southern Illinois.

Food Bank CEO Joey Keys said receiving the award "means we do things the right way."

"Winning a TORCH Award is very exciting for us," Keys said. "It builds trust with our donors and our partners, as well as our neighbors facing hunger."

The TORCH Awards honor businesses and charities exemplifying high ethics in their treatment of customers, employees and suppliers. SEMO Food Bank is the first two-time charity winner of the TORCH Award in this region.



How You Can Help

Volunteer

Volunteer at the food bank with a group or as an individual. Open volunteer days are 1 to 4 p.m. the third Thursday and 9 a.m. to noon the fourth Wednesday of each month in Sikeston. Volunteer hours will be announced soon for Jackson.

Visit www.semofoodbank.org/volunteer/ to schedule a group or call our volunteer coordinator at 573-471-1818 in Sikeston or 573-510-4610 in Jackson.

Donate

Every \$1 donated helps provide four meals. Consider setting up a monthly donation or ask if your employer will match your gift. Host a virtual food drive to maximize your giving and involve friends and family.

Advocate

Follow us on Facebook, Instagram and Twitter, and share our posts to spread the word about our work. Sign up for our quarterly newsletter at semofoodbank.org.

Contact elected officials to support hunger-related issues.

